

Bourdieu's Habit Theory on Modern China

Enlightenment of family cultural literacy cultivation

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Abstract. In addition to the school's cultural curriculum , the cultivation of family cultural literacy also has an important impact on children's academic performance. Bourdieu 's habituation theory provides possible reflections on this point of view . Based on Bourdieu's habitus theory , this paper aims to explore the implications of this theory for the cultivation of cultural literacy in modern Chinese families.

Keywords : home education Cultural literacy Habit theory revelation.

1. Introduction

Advocacy of Chinese President Xi Jinping , China attaches great importance to the cultivation and inheritance of good family customs , and good reading habits , as an important part of good family customs , play an important role in building a culturally friendly family .With the country's emphasis and attention on family education in recent years , the shaping and sustainable development of family cultural ecosystem has become a hot topic in academia, and the revelation of previous research on Bourdieu's educational theory to Chinese family education has focused on The discussion of its field theory , such as Ge Min , Tian Wenjin and other scholars , and cultural capital theory , such as Chen Wenyang , Lin Lan and other scholars , and Habitat Theory as one of Bourdieu's three major education , its enlightenment to family education However, it is rarely mentioned , so this article will discuss its enlightenment on the cultivation of cultural literacy in modern Chinese families based on Bourdieu's habitus theory .

2. Bourdieu's Habit Theory

Bourdieu defines habitus as a property of an actor (whether an individual, a group, or an institution) that contains "structured and structured structures" that are "structured" by one's past and present environment. ", such as family upbringing and educational experiences. (James et al., 2014). In Bourdieu's view, the socialization process of individual education must focus on his social status, collective history, cultural traditions and other factors, and then affect his social practice. (Wen, 2009) . In China, many parents think that educating their children is a matter of school (Wang, 2018) , and advocate the theory that reading is useless, and some families are cultural deserts, where there is no shortage of everything but books. (Ma, 2014), however, Bourdieu (1984) argues that "the unification of orthodox culture through imperceptible intimacy between family members tends to foster an intoxicating cultural experience, which means that this access to Processes play an important role in shaping people ." Therefore, based on the two cores of Bourdieu 's habitus theory, one is to explore the importance of habitus to human development, and the other is the continuity of the theory, that is, habitus originates from experience, Followed by reality, and continued to influence the future. The author will explain how to apply Bourdieu's habitus theory to the cultivation of family cultural literacy in China from three aspects .

3. The application of Bourdieu's habitus theory in the cultivation of family cultural literacy in China

3.1 Cultivation of family cultural literacy at home

Family habits encompass a wide range of family resources, practices, values, cultural discourses, and “identities” (“who we are”) (Archer et al., 2012) . As an important part of family cultural discourse, how to create a good environment and encourage children to read at home is an area that parents should pay more attention to. Therefore , the author attempts to put forward some methods of cultivating family cultural literacy at home based on Burdell's habitus theory . First, many scholars have pointed out that sharing reading is a key aspect of cultivating family cultural literacy (Wirth et al., 2020) , so parents can spend half an hour to an hour with their children in parent-child reading activities before going to bed or after getting up. In addition, creating a quiet and free reading space for children, try not to watch TV or do other entertainment activities when children are reading, post famous quotes in the study, and play classical music, which are also good ways to stimulate children's interest in reading. Finally , parents' efforts to be good role models for families who love reading is an important part of cultivating children to become people who love reading and are good readers (Ma, 2014). Parents should have their own reading habits, have their own reading taste, and be able to talk about reading experience, share good books, and take reading notes at home. Children will imitate their parents' behavior, and under the correct guidance of their parents, children will gradually fall in love with reading. According to Bourdieu's habitus theory, home-acquired habits are the basis for the construction of school experience (Diane, 2004) . Therefore, it is very important and necessary to create a good reading environment within the family through various means , which will greatly affect the performance of children in school .

3.2 Cultivation of outdoor family cultural literacy

Lv et al. (2019) claim that the number of extracurricular activities that parents and children participate in together (such as visiting museums or participating in social practice activities) can affect children's progress in reading performance. In addition, from the "Outline of the National Medium and Long-term Education Reform and Development Plan (2010-2020) " (reference The plan) specifically pointed out that it is necessary to rely on urban and rural community public service facilities, urban and rural community education institutions, construction of children's homes, children's palaces, children's activity centers and other activity positions to establish and improve the national family education public service network. Therefore, in addition to family cultural cultivation activities at home, participating in outdoor family cultural literacy cultivation activities such as bookstore book sharing sessions, museum traditional festival reading clubs, Children's Palace reading salons, community reading forums and other outdoor family cultural literacy cultivation activities is also a good way to create a good family cultural literacy environment. Bourdieu believes that our past journeys help shape our vision and our inclination or inclination to choose certain options. Therefore, if parents can participate in social and cultural activities with their children in their spare time, instead of indulging in TV dramas or computer games, children will show more positive and healthy cultural tendencies in their self-time management in the future.

3.3 Cultivation of online family cultural literacy

Plan for Guiding and Promoting Family Education (2016-2020)" proposes that the state will vigorously expand family education Weibo, WeChat, mobile client and other new media service platforms, and further accelerate the construction of online parent schools. What's more, with the popularity of e-books and the Internet, virtual parent-child communication is becoming more and more common, especially for children whose parents are in different places, the Internet has become the main way for them to communicate with their families. Therefore, parents relying on online social applications and e-learning platforms to build a home literacy environment is also an

approach that cannot be ignored. Initially, parents can send e-book resources to their children through social platforms such as WeChat, or share their reading experience on public platforms. Second, using online reading assistant software to record your own and your child's reading time is also a great way to strengthen the reading environment at home. Finally, online learning platforms such as public welfare open classes also provide parents and children with an attractive learning opportunity together. Bourdieu made it clear that the boundary between high aesthetic taste and vulgar daily consumption must be broken, and food, fashion, popular music and viewing paintings must be regarded as cultural practices influenced by habit . (Wen, 2009). Therefore, under the pan-entertainment Internet ecology, the use of new media to build online family cultural literacy is a new opportunity and a new challenge for parents in the new era.

4. Conclusion

Based on Bourdieu's Habitat Theory , this paper proposes three possible ways to build a good family cultural incubator, including the cultivation of family cultural literacy at home, the cultivation of outdoor family cultural literacy and the cultivation of online family cultural literacy . As the current situation of family education in China is not optimistic, many parents are confused about family education (National Survey of Family Education Status , 2018). Therefore, relying on Bourdieu's habitual habit theory, it is urgent to make parents aware of the importance of family cultural atmosphere, and Provide practical measures. The author believes that due to different family conditions and students' abilities, the establishment of immersive and participatory family cultural literacy may be different . Therefore , the cultivation and improvement of family cultural literacy requires the joint efforts of students, parents, schools and society. . Long-term studies and more practical applications of its effects are needed in the future.

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